

BISMILLAH HIR RAHMAN NIR RAHEEM

MATROOK SUNNAH CHECKLIST

7. Mere Rabb ne 9 baaton ka Hukm dia

Nabi saws:

- Nabi saws ka har kaam → Self control
- Nabi saws ki zindagi = aetedaal wali; balanced
- ✚ Insan zindagi may boht kuch karsakta hai agar zindagi ko logon ke ta'be na kare - warna qiyamat ke din apne na kiye hisse ko dekh kar afsos hoga!!

Riwayat:

Nabi saws ne farmaaya- Mujhe mere Rabb ne 9 baaton ka hukm dia hai -

1. Khule aur chupe – har haal may Allah se darta rahoon
2. Aur insaaf ki baat karoon – ghusse aur khushi may
3. Aur aetedaal par qaayam rahoon – mohtaaji aur ghinaa (ameeri) may
4. Jo mujh se kate – mai usse judoon
5. Jo mujhe mehroom kare – mai use doon
6. Jo mujh par zulm kare – mai use maaf kardoon
7. Meri khamoshi – ghaur o fikr ki khamoshi ho
8. Mera bolna – yaad e Ilaahi ka ho
9. Mera dekhna – ibrat ka dekhna ho

Ye alfaaz khud bolnewalay ka pata dete hain ke uske andar kya hai .

Amal : Allah ke Nabi saws ki tarha banne ki koshish karni hai .

DUA : *Ae Allah ! Hamare aamaal , iqqlaaq ko itna accha banade ke humein logon ki ta'reef , tanqeed ki koi fikr na rahe (Aameen)*

SELF CHECKLIST

	HUKM E ILAAHI	Haan ☆☆☆	Nahi
1.	Kya mai akele may Allah se darti hun?		
2.	a. Kya ghusse may zabaan par qaabu hota hai? b. Kya khushi may dil par qaabu hota hai?		
3.	a. Kya mai maali tangi may Allah se mayoos hojaati hun? b. Kya mai ameerri may aur laalchi to nahi hojaati ?		
4.	Kya mai rishtay , taluqaat nibhaati hun?		
5.	Kya mai unhe deti hun jo mujhe nahi deta ?		
6.	Kya mujhpar zulm karne walon ko mai maaf kardeti hun?		
7.	Kya meri khamoshi tadabbur wali hoti hai ?		
8.	Kya mera bolna logon ko Allah ke qareeb karta hai?		
9.	Kya meri nazar, ghehri aur ibrat waali hai (strong vision)?		

~~~\*\*\*~~~ YE 9 HUKM E ILAAHI PAR AMAL → BALANCED LIFE ~~~\*\*\*~~~

***Taqaballaahu Minnaa Wa Minkum. Aameen***