

BISMILLAH HIR RAHMAN NIR RAHEEM

MATROOK SUNNAH CHECKLIST

3. LADE BAGHAIR MUQABLA

Nabi saws:

- Hatta ul wasa ladaai se bachke dushman ya mukhalif ke saath muaamla karte the
- Ek daleel : Suleh Hudaibia mein Nabi saws ne mukhalif ke ana ka masla banane par apne naam Muhammad ke saath lafz, “Rasoolullaah” khud hi mitadia

*Tum **bardaasht** ke saath us shakhs ka muqabla karo jo tumhare saath jahalat kare (Abdullah bin Abbas RA)*

❖ Bardaasht – ek boht badi taaqat aur hathyaar

Wajuhaat :

1. Kisi ki baat par ghussa
2. Kisi ki napasandeeda karwaai par inteqaam ka jazba
3. Kisi ke tashaddud ke khilaf jawab dene ka jazba (Main bhi suna sakti hun !)

Nuqsaanaat:

1. Ladaiyaan benateeja hoti hai
2. Nuqsaan mein mazeed izaafe ka sabab

Tadabbur :

- Ishtiaal ke mauqe par mushtail hone se bachna – kamyaab policy
- Nazarandaaz karna/bardaasht karna – zyada faydamand

- Kisi naadaan ke khilaaf jawaabi zyadati karna - khud ko naadaan saabit karna hai

Sahih Tareeqa/Amal :

- Jab koi shakhs aap ko ghussa dilaaye to aap -
 1. Us muqaam se huth jaayein –zabaan nahi chalaani (tip: wudu karlein, kisi doosre room mein chale jaayein, ghehri saans lein)
 2. Zehen ko manfi taasur (negativity) se azaad karein
 3. Nateeje ke baare mein ghaur karein (main jawaab dungi to kya hoga? 2 ke badle, 4 sunni padegi)
- Hilm seekhna hai, jazbaat par qaabu paana hai
- Matrook sunnaton ko apnaana hai

~ ~**~ NA LADNA → LADNE KI EK KAMYAAB TADBEER ~ **~ ~

